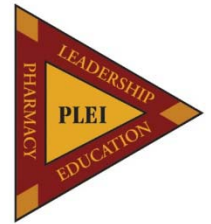


Lead←Grow→Shape:

A Prescription for Life-Long Pharmacy Leader Development Workbook 2017

Alvarez NA, Keil GJ II, Negrete MJ, Grabenstein JD.

Pharmacy Leadership & Education Institute



The workbook explicitly designed to meet 2016 **ACPE Standards and CAPE Outcomes** for each student for self-awareness, leadership, innovation and entrepreneurship, and professionalism. <http://plei.org/lead-grow-shape/>

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Note: introspection and in-class discussion remain preeminent!

Content: ▶ AACP Delphi Competencies ▶ ACPE Standards ▶ Active Listening Skills ▶ Allocating Time by Values ▶ Appreciating Failure ▶ Association Priorities ▶ Authentic Communication ▶ Be the One Asking Questions ▶ Being Coached ▶ Big Game of Life ▶ Big Rocks ▶ Branding ▶ Business Plans ▶ CAPE Educational Outcomes ▶ CAPE Leadership Competencies ▶ Challenge-Skill-Task Wheel ▶ Closure Conversations ▶ Coaching ▶ Code of Ethics for Pharmacists ▶ Cog's Ladder for Group Development ▶ Communication Skills ▶ Conflict Management ▶ Contrasting Administrators-Managers-Leaders ▶ Covey's 7 *Habits of Highly Effective People* ▶ Creativity ▶ Decision Matrices ▶ Delegation ▶ Demotivation ▶ Diamonds & Stones ▶ Eight-Step Problem-Solving Process ▶ Elevator Speeches ▶ Elocution ▶ Emotional Intelligence ▶ Entrepreneurship ▶ Expanding the Bull's Eye ▶ Facts & Myths of Leadership ▶ Failure Reasons ▶ Feedback ▶ Ferrari 458 Italia ▶ Ferris Wheel of Balanced Priorities ▶ Five Methods for Resolving Conflict ▶ Flashcards ▶ Followership ▶ Ford's *Four Conversations* ▶ Gallery Walk ▶ Goal Setting ▶ Group Function & Dysfunction ▶ Guest Speakers ▶ Honor Code ▶ How Do I Occur? ▶ How to Say No ▶ Images of Leaders ▶ Impeccable Speech ▶ Initiative Conversations ▶ Innovation ▶ Interprofessional Relations ▶ Interview Methods ▶ Jacob's *Ways to Improve Your Pharmacy Worklife* ▶ Juggle of Life ▶ Kelley's Followership Patterns ▶ Leader Laboratory ▶ Leader Mining on WWW ▶ Leadership-Role Worksheet ▶ Leadership-Style Palette ▶ **Lead←Grow→Shape** ▶ Leading by Example ▶ Leading Figures in Pharmacy History ▶ Legislator Tool ▶ Lexicons ▶ Listen-Isolate-Mirror-Solve ▶ Living Your Values Worksheet ▶ Maxwell on Failure ▶ Meeting Management ▶ Messaging ▶ Milo's *Getting Your Point Across in 30 Seconds* ▶ Mind-Spirit-Heart-Body ▶ MindTime maps ▶ Mission ▶ Money & Self-Awareness ▶ Motivation ▶ Movie clips ▶ Nomenclature ▶ Nominal Group Technique ▶ Nonpositional Leaders ▶ Oath of a Pharmacist ▶ Parliamentary procedure ▶ Passions ▶ Paths of Leadership ▶ Performance Conversations ▶ Personal Core Values ▶ Personal Leadership Assessment ▶ Pithy Reflections ▶ Pledge of Professionalism ▶ Positions You Have Held ▶ Positions You Would Like to Hold ▶ Powell's *Five Levels of Communication* ▶ Practice Scenarios ▶ Prescott Pharmacy Leadership Award ▶ Pressure-Proof Professionals ▶ Problem-Solving Process ▶ Professionalism ▶ Questioning ▶ Quizlit.com ▶ Reverse Engineer a Career ▶ Roberts' Rules of Order ▶ Ruiz's *Four Agreements* ▶ Sausage Making & Policy ▶ Self-Awareness ▶ Shaping Your Environment ▶ Situational-Leadership Model ▶ Six-Word Memoirs and Resumes ▶ Staying Balanced ▶ Storming-Forming-Norming ▶ Story-Teller—Listener—Observer Triad ▶ Strategy vs. Tactics ▶ Strengths & Flow ▶ TeamSTEPPS® ▶ T-E-A-M-W-O-R-K ▶ Telling-Selling-Participating-Delegating ▶ Time Management ▶ Translations ▶ Tuckman's Stages of Group Development ▶ Understanding Conversations ▶ Values ▶ Values-Interests-Strengths-Needs (VISN) Chart ▶ Victims vs. Players ▶ Vision ▶ Visual-anchor slides ▶ What is My Why? ▶ Your Flag ▶ YouTube clips

